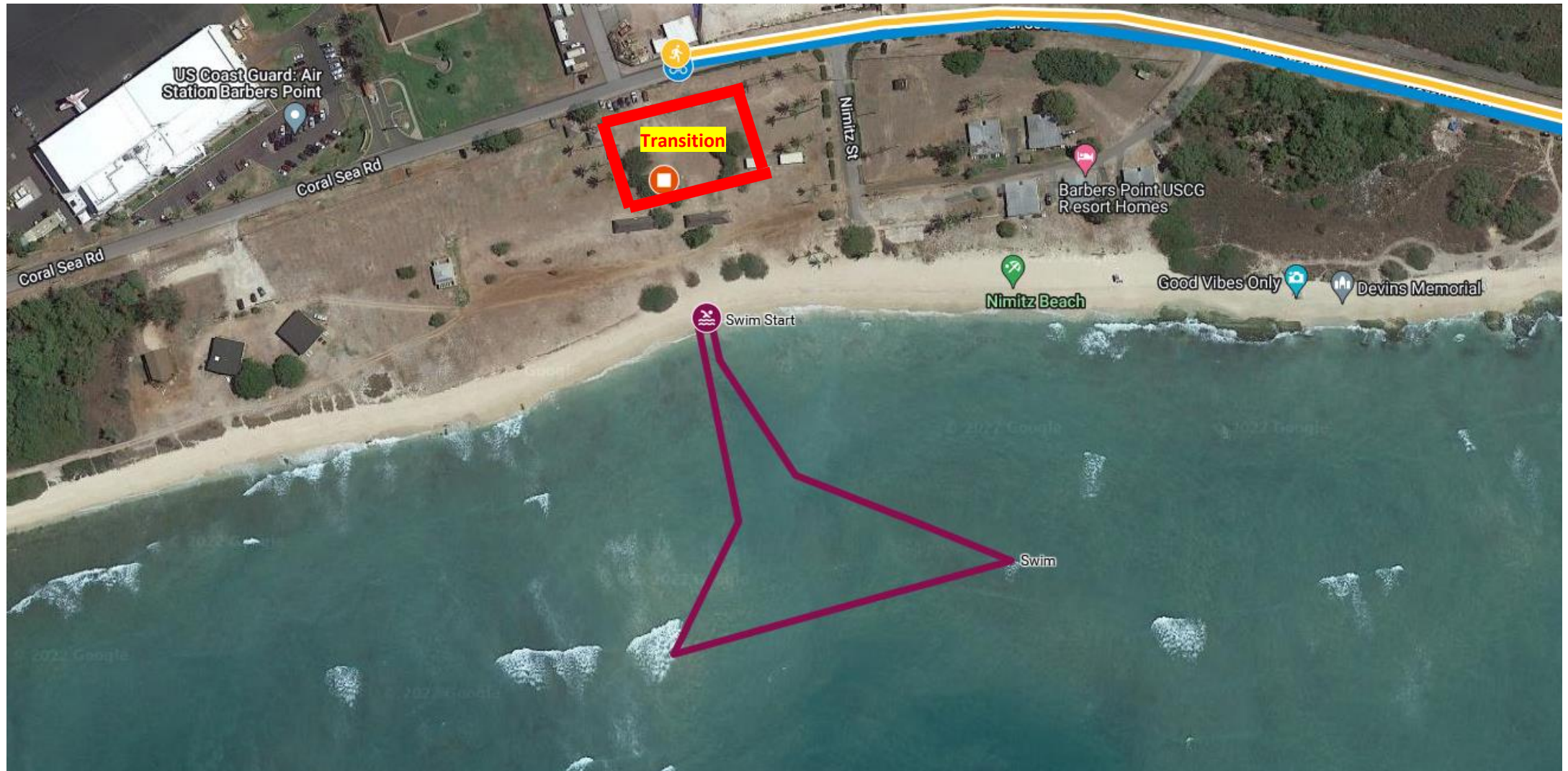




SWIM COURSE (**PURPLE LINE**):

Adults - Approx. 400m swim

Youth – Approx. 150m swim





BIKE COURSE (**BLUE LINE**):
Adults - Approx. 11mile Bike
Youth – Approx. 7.5mile Bike



Adults:

Athletes will exit T1 and head north on Coral Sea Road

Left at Roosevelt Ave

Left at Midway Ave

Right at Saratoga Av

Left at Enterprise St

Right at Midway St

Stay right at fork to Boxer Rd

U-turn (WHITE DOT) around traffic triangle intersection of Boxer Rd and Tugali Av.

Return the same route, BUT on Saratoga Ave you make a LEFT into Nassau St.
then RIGHT onto Roosevelt Ave.

Youth:

Athletes will exit T1 and head north on Coral Sea Road

Left at Roosevelt Ave

Left at Midway St

Left at Saratoga Av

Left at Nassau St, then RIGHT on Roosevelt Ave., back to T2 on Coral Sea Rd

***The turn for the Youth is indicated with the ORANGE arrows**



RUN COURSE (YELLOW LINE):

Adults - Approx. 3mile Run

Youth – Approx. 1.5mile Run



Adults:

Athletes will exit T2 and head north on Coral Sea Rd

Right turn at Tripoli Rd

U-turn (WHITE DOT) at the end of Tripoli Rd/intersection of Tripoli and White

Youth:

Athletes will exit T2 and head north on Coral Sea Rd

U-turn (RED DOT) before Tripoli Rd