



As per FHSAA Policies 40.1.1, 41.1 and 42.1.1, all student-athletes are required to watch the following FREE NFHS Learn courses annually.

- [Concussion in Sports – What You Need to Know](#)
- [Heat Illness Prevention](#)
- [Sudden Cardiac Arrest](#)

Course Ordering

- Step 1: Go to www.nfhslearn.com.
- Step 2: “**Sign In**” to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.
OR
If you do not have an account, “**Register**” for an account.
- Step 3: Click “**Courses**” at the top of the page.
- Step 4: Scroll down to the specific course from the list of courses.
- Step 5: Click “**View Course.**”
- Step 6: Click “**Order Course.**”
- Step 7: Select “**Myself**” if the course will be completed by you.
- Step 8: Click “**Continue**” and follow the on-screen prompts to finish the checkout process.

(Note: There is no fee for these courses.)

Beginning a Course

- Step 1: Go to www.nfhslearn.com.
- Step 2: “Sign In” to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.
- Step 3: From your “**Dashboard,**” click “**My Courses.**”
- Step 4: Click “**Begin Course**” on the course you wish to take.

For help viewing the course, please contact the help desk at NFHS. There is a tab on the upper right-hand corner of www.nfhslearn.com. If you should experience any issues while taking the course, please contact the NFHS Help Desk at (317) 565-2023.